



Pleasant Valley Maple Lodging Guidebook

History & Hiking! (And Mansions of the Gilded Age!)

Great walks. Great views. And History!



Home of Franklin D. Roosevelt National Historic Site

A piece of history in our backyard! Take a tour, take a walk, enjoy the views! In Hyde Park, 12 miles from us.



Vanderbilt Mansion National Historic Site

Check out the beautiful architecture and decor! Enjoy views of the Hudson! In Hyde Park, 14 miles away.



Eleanor Roosevelt National Historic Site

Walking trails. In Hyde Park, 10 miles away.



Locust Grove Estate

Lovely gardens and home. Walking trails. In Poughkeepsie, 11 miles away.



Mills Mansion

The mansion at Staatsburg State Historic Site (Mills Mansion) is an example of the beautiful homes built by America's financial and industrial leaders during the Gilded Age. Staatsburg is 17 miles from us.

Sightseeing



1624 Main St, Pleasant Valley

The remnants of one mill dating from the 1700s stands on Main Street in Pleasant Valley. Check it out on a casual stroll through town. The town of Pleasant Valley is only 4 miles away.



Freedom Park

Freedom Park in Pleasant Valley has a sand-beach with spring-fed lake. There is a dock, diving board, water slides, swing set, sand volleyball, tether ball, dino dig excavation and ping pong! It is only 3 miles from us.

Freedom Park also has stream fishing, hiking trails, a softball field, pavilion, and a band shell. The town of LaGrange hosts events such a LaGrange Community Day, egg hunts, ice skating, summer concerts and movies in the park. Pavilions are available for rental, also making it a perfect spot for any size celebration.



Walkway Over the Hudson State Historic Park

Beautiful. Better to park at Morgan Lake Trailhead at 51 Creek Rd and walk north 1 mile to the bridge because there you can park for free. If you park at the bridge (61 Parker Ave), they charge you. Both locations are an 8-mile drive from us.



Bowdoin Park

Great views in Wappingers Falls, 13 miles away.



Innisfree Garden

On the National Register of Historic Places. Noteworthy gardens in Millbrook, 10 miles away.

Education



Marist College

Local college in Poughkeepsie, a 10-mile drive.



Vassar College

Local college in Poughkeepsie, a 6-mile drive.



Dutchess Community College

Local College in Poughkeepsie, a 9-mile drive.



The Culinary Institute of America

Education--and restaurants that have public dining. The CIA is in Hyde Park, 10 miles from us.



Bard College

Local college in Red Hook, 26 miles from us.



Mount Saint Mary College

Local college in Newburgh, 26 miles from us.

Sports

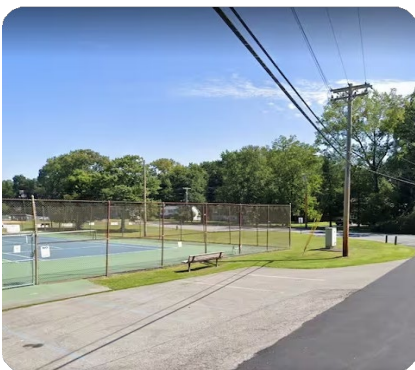
Tennis, skiing, swimming, etc!



Baird Park

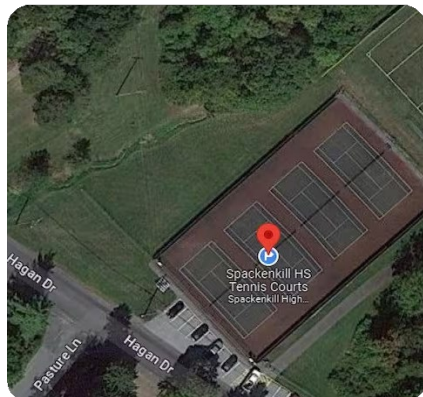
Tennis, golf, and pickleball.

This park is only 3 miles from us.



Alda Town Tennis Courts

Tennis, Fields, and playground in Red Oaks Mill, 8 miles from us.



Spackenkill High School Tennis Court

Tennis courts are on Hagan drive in Poughkeepsie, 10 miles from us.



Arlington High School

Tennis courts behind the school in Lagrange, 3 miles away.



Thunder Ridge Ski Area

In less than a half hour you can go skiing! The ski area is in Patterson, a 22-mile trip.



Victor Constant Ski Area at West Point

Skiing less than an hour away---Near West Point Military Academy. A 42-mile trip.



Catamount Mountain Ski Resort

Less than an hour away! (On the NY / Massachusetts border- a 50-mile trip).



Fahnestock Winter Park

Cross-country Skiing and Snowshoeing---less than 30 minutes away, in Carmel (a 20-mile drive)!



Tymor Park

Great outdoor swimming pool, tennis court, hiking trails, and equestrian park! The park is in Lagrangeville, 9 miles from us.



McCann Ice Arena

Indoor ice-skating in Poughkeepsie, 8 miles away.



Orvis Sandanona Shooting Grounds

A 400 acre shooting preserve. There are various courses, events, a retail space, and a dining facility. Instruction is available. In Millbrook, 11 miles away.

Yum



Jason Patrick's on 44

Nearby dining in Poughkeepsie, a 6-mile trip.



The Bar on West & Main

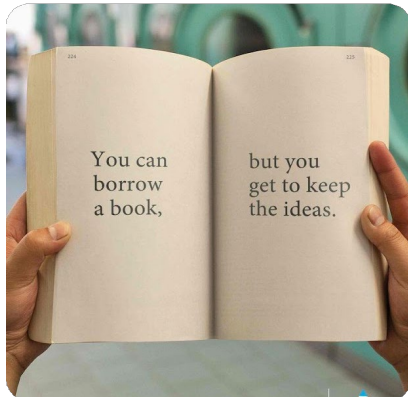
Dinner! In Pleasant Valley, 4 miles from us.



Landmark Grill

Nearby dining in Lagrangeville, 5 miles away.

Free Stuff to Do



Pleasant Valley Free Library

Lots of free activities. In town, 4 miles away.



East Fishkill Community Library

Free activities. East Fishkill is 11 miles from us.



Boardman Road Branch Library

Free activities. In Poughkeepsie, 9 miles away.



Dutchess Rail Trail, Poughkeepsie, NY, USA

Walking, Biking, Sightseeing---multiple nearby access points. And its paved! (The Rail Trail is connected to The Walkway Over the Hudson. The closest trailhead to us is in Lagrange, 4 miles away).



Harlem Valley Rail Trail, Amenia, NY, USA

This is another great trail for walking, biking, site-seeing, etc. Pick it up in Amenia, less than a 30-minute drive away (21 miles). The trail goes from Chatham to Wassaic.



Drayton Grant Park at Burger Hill

Sledding and scenic view! In Rhinebeck, 19 miles from us.

Health & Wellness



Mike Arteaga's Health and Fitness Centers

Swimming (indoor pool) and workout equipment. In Poughkeepsie, 9 miles from us.



All Sport Health & Fitness

Indoor swimming, aerobic classes, and exercise equipment. In Fishkill, 21 miles from us.



Northern Dutchess Hospital

Health care- 21 miles away.



MidHudson Regional Hospital

Health care- 9 miles away.



Vassar Brothers Medical Center

Health Care- 9 miles away.



Valley Urgent Care

Urgent care only 3 miles away in Pleasant Valley. Open 6 days a week.



Omega Institute for Holistic Studies

Health and wellness retreat. A 15-mile trip.

Dutchess Wine Trail



Clinton Vineyards

450 Schultsville Rd

Seasonal tasting room. A 13-mile trip.



Milea Estate Vineyard

450 Hollow Rd

Wine tasting and tapas dining year round.

A 14-mile trip.



Millbrook Vineyards & Winery

26 Wing Rd

Year round wine tastings and various scheduled events. A 15-mile trip.

Adventure!

Out of the ordinary things to do.



Gravity Vault Indoor Rock Gyms

6 Neptune Rd

Indoor rock climbing.

In Poughkeepsie, about 11 miles away.



Alpine Endeavors LLC
44 Main Street, New Paltz

Instruction in outdoor rock-, ice-, and alpine- climbing, mountaineering, and snowshoeing.
In New Paltz, about 19 miles away.



16 Old Rte 9 W, Fishkill, NY 12524, USA

SplashDown Beach Water Park- about 16 miles from us.

Shopping



Poughkeepsie Galleria Mall

Stores, food court, and movie theatre about 11 miles away.



ShopRite of Lagrangeville

Grocery store about 8 miles away.



ACME Markets

Grocery Store in Pleasant Valley- 4 miles to town.



Tops Friendly Markets

Grocery store in Lagrange- about 3.5 miles away.



Pleasant Valley Department Store

Local department store- 4 miles to town.

Houses of Worship



Congregation Shir Chadash

Reform Jewish Temple in Lagrange- 3 miles to town.



Saint Stanislaus Kostka Catholic Church
Catholic Church in Pleasant Valley-
4 miles to town.



St. Paul's Episcopal Church
Episcopal Church in Pleasant Valley- 4
miles to town.



Pleasant Valley Presbyterian
Presbyterian Church in Pleasant
Valley- 4 miles to town.



Masjid Al-Mutakabbir
Mosque. In Poughkeepsie- 7-mile trip.



Masjid Ar-Rashid

Mosque. In Beacon- 25-mile trip.



Temple Beth-El

Synagogue. In Poughkeepsie- 7-mile trip.

Out and About

Quick, convenient trips.



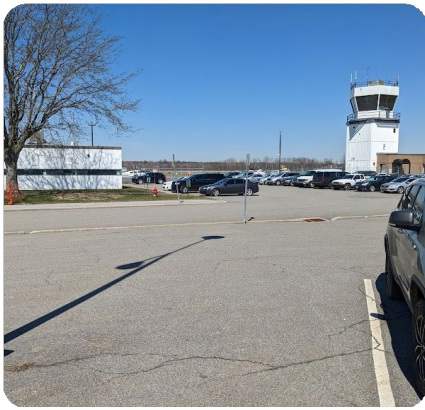
Metro North

Easiest way to and from NYC.

Poughkeepsie station 8-mile trip.



Stewart International Airport



Hudson Valley Regional Airport
Airport- close!



Sky Acres Airport
Close airport.

Theatres



Bardavon
Live shows. Poughkeepsie 8 miles from us.



Mid-Hudson Civic Center
Live shows. Poughkeepsie - 8 miles from us.



Ulster Performing Arts Center

Live shows.

Kingston - 27 miles from us.

Live Music



Mahoney's Irish Pub & Steakhouse

Live music. Poughkeepsie -8-mile trip.



The Falcon

Live music. Marlboro - 18 miles away.



Towne Crier Cafe

Live music. Beacon - 25-mile trip.

Dancing



Got2Lindy Dance Studio

Dance events around the Hudson Valley. Their studio is in Marlboro, an 18-mile trip.



Fred Astaire Dance Studios - Dutchess

Dance academy



Hudson Valley Community Dance

They have a calendar of dances locally. Search: Hudson Valley Community Dance (<https://www.hudsonvalleydance.org/>)